



DEPARTMENT OF SOCIAL WORK GROUPS 2011

To register, please call (910) 907-7869

POST PARTUM EMPOWERMENT GROUP

0900 -- 1030

Date: Wednesdays

Location: DSW Joel HC Conference Room
To provide treatment and support for women experiencing depressive symptoms before or after childbirth.

OPERATION ENDURING RELATIONSHIP:

Enhancing Couples' Communication

1400 -- 1530

Date: Thursdays

Location: DSW Clark HC

This group is designed for couples who desire to improve effective communication skills.

COMBAT STRESS GROUP

Date: Wednesdays

1330 --1500

Location: WAMC DSW, 3rd Floor

A support group for Soldiers coping with the loss of a battle buddy, a family member, a friend's suicide or the loss of a relationship.

COUPLES CONFLICT RESOLUTION GROUPS

Date: Mondays 1500 – 1630

Wednesdays 1300 -- 1430

Location: WAMC DSW 3rd Floor

Fridays 1400 – 1530

Location: DSW DIV MH – RHC Bldg C-1722

A one-time, 1 ½ hour session offered by DSW for couples who could benefit from learning new skills to help them resolve their conflicts.

STRESS MANAGEMENT GROUP

1300 – 1430

Date: Fridays

Location: DSW DIV MH – RHC Bldg C-1722

This group provides a forum for participants to discuss issues related to managing stress by utilizing solution focused and basic cognitive behavioral interventions.

WOMEN'S GROUP

1030 – Noon

Date: Fridays

Location: WAMC DSW, 3rd Floor

A psycho-educational /support group for individuals who have been involved in domestic violence or feel that they are in an abusive relationship.

THE IMPACT OF DOMESTIC VIOLENCE ON CHILDREN GROUP

1300 – 1500

Date: 2nd & 3rd Wednesdays of each month

Location: DSW DIV MH – RHC Bldg C-1722

Psycho-educational group for parents that have participated in domestic violence.

MARCHING TO CHANGE TREATMENT PROGRAM

Introduction Group:

Mondays, 1300-1430

Location: WAMC DSW 3rd Floor

Thereafter, groups meet on Tuesdays, 1500-1630

Location: US Army Reserve Center, Lewis Rd off Butner Rd

Assists and supports Soldiers and adult family members to manage anger and stress, making necessary changes in themselves and in their relationships to promote nonviolence.

ANGER MANAGEMENT GROUPS

1000 -- 1130, Mondays, Location: DSW Clark

1315-- 1445 , Tuesdays & 1000 -- 1130, Fridays
Location: DSW DIV MH – RHC Bldg C-1722

1030-- NOON & 1430--1600, Wednesdays

Location: DSW Joel HC

Teaches ways to appropriately manage anger and consciously refrain from using violence.

DADS 101

1300 – 1500

Date: Last Tuesdays of the month

Location: WAMC DSW , 3rd Floor

A program for first-time fathers.

REVISED 13 SEP 2011 (NCP)