

Womack's Blue Ribbon Bistro Menu Week II

Sunday 8 January 2012	Monday 9 January 2012	Tuesday 10 January 2012	Wednesday 11 January 2012	Thursday 12 January 2012	Friday 13 January 2012	Saturday 14 January 2012
BREAKFAST Monday thru Friday: 0600-0900 , Continental Breakfast (limited menu availability) 0900-1000 Weekends & Holidays: 0600-0800, Self Service Bar 0800-0900 (limited menu availability) 0800-0900 <i>Eggs, Omelets, Hash Browns, Pancakes, Sausage, Bacon, Biscuits, Toast, Bagels, English Muffins, Grits, Oatmeal, Fresh Fruits, Yogurt, and Assorted Cold Cereals offered daily</i>						
LUNCH Monday thru Friday: 1100-1400 (Short Order, Main line closes at 1330; Salad Bar, Specialty Bar, and Sandwich Bar Available until 1400)			Weekends & Holidays: 1100-1300 (No Sandwich or Specialty Bars)			
	Bowtie Pasta Salad (\$0.20/oz) Chicken Gumbo \$1.65/12oz	Three Potato Salad (\$0.20/oz) Chicken Noodle\$1.65/12oz	Pistachio Parfait (\$0.20/oz) Chicken Tortilla Soup \$1.65/12oz	Sour Cream & Cheddar Macaroni Salad Vegetable Soup \$1.65/12oz	Coleslaw (\$0.20/oz) Chicken and Wild Rice Soup \$1.65/12oz	
Roast Turkey\$1.85 Yankee Pot Roast.....\$2.30 Cornbread Dressing.....\$0.55 Mashed Potatoes.....\$0.55 Green Beans.....\$0.55 Turnip Greens\$0.55 Hot Roll.....\$0.25	Baked Spaghetti\$1.40 Chicken Stir Fry.....\$1.95 Salisbury Steak w/Brown Gravy.....\$1.60 Brown Rice.....\$0.55 Billed Squash.....\$0.55 Green Peas.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25	Baked Chicken.....\$1.60 Oven Fried Chicken.....\$1.70 BBQ Ribs.....\$2.25 Steamed Rice.....\$0.55 Macaroni & Cheese.....\$0.55 Black Eyed Peas.....\$0.55 Seasoned Greens.....\$0.55 Steamed Greens.....\$0.55 Steamed Baby Carrots.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25	Pepper Steak.....\$2.55 Grilled Pork Chop.....\$2.10 Sweet-n-Sour Chicken.....\$2.50 Mashed Potatoes.....\$0.55 Steamed Rice.....\$0.55 Fried Rice\$0.55 Egg Roll\$0.80 Cauliflower.....\$0.55 Oriental Blend Vegetables.....\$0.55 Cornbread.....\$0.25 Hot Roll.....\$0.25	Turkey Porcupine.....\$0.95 Linguine & Meatballs.....\$1.70 Chicken Fried Stk w/ Crm Gravy...\$1.40 Boiled Potatoes.....\$0.55 Steamed Rice.....\$0.55 Prince Edward Blend Vegetables...\$0.55 Steamed Cabbage.....\$0.55 Hot Roll.....\$0.25 Cornbread.....\$0.25	Steamship Round\$2.35 Lemon Baked Fish.....\$3.40 Tilapia Crusted Chipotle Lime.....\$2.40 Macaroni & Cheese\$0.55 Oven Roasted Potatoes.....\$0.55 Vegetable Medley.....\$0.55 Okra & Tomatoes.....\$0.55 Hot Roll.....\$0.25 Cornbread.....\$0.25	Baked Chicken.....\$1.60 Beef Bulgogi.....\$2.15 Egg Noodles.....\$0.55 Steamed Rice.....\$0.55 Corn\$0.55 Fried Cabbage.....\$0.55 Steamed Cabbage.....\$0.55 Cornbread.....\$0.25
Specialty Items	Taste of the Orient Bar Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75	Pasta Bar (\$0.15/oz) Fishwich.....\$2.30 French Fried Potatoes \$0.75	Fiesta Bar (\$0.20/oz) Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75	Starter Bar Sweet Potato Fries \$0.75	Potato Bar (\$0.15/oz) Sloppy Joe.....\$1.05 Pizza.....\$1.50-\$2.65	
DINNER Served Daily 1600-1800						
Beef Pot Pie w/ Biscuit Topping..... \$2.95 Savory Baked Chicken.....\$1.60 Buttered Noodles\$0.55 Steamed Rice.....\$0.55 Steamed Cauliflower.....\$0.55 Carrots.....\$0.55	Smothered Chicken Italiano..... \$1.95 Lemon Garlic Crusted Cod.....\$3.05 WW Penne Pasta.....\$0.55 Mixed Vegetables.....\$0.55 Prince Edward Blend Vegetables...\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25	Five Spice Beef.....\$2.85 Baked Ham\$1.00 Steamed Rice.....\$0.55 Brussels Sprouts.....\$0.55 Corn O'Brien.....\$0.55 Cornbread.....\$0.25	Grilled Bratwurst w/ Sauerkraut....\$1.35 Six Cheese Lasagna.....\$1.80 Au Gratin Potatoes\$0.55 Spinach.....\$0.55 Green Bean Combo.....\$0.55 Cornbread.....\$0.25 Garlic Bread.....\$0.25	Chicken Cordon Bleu \$2.85 Beef, Mushrooms w/ Pearl Onions...\$2.85 Steamed Noodles.....\$0.55 Wild Rice.....\$0.55 Broccoli.....\$0.55 Carrots.....\$0.55 Hot Roll/Cornbread.....\$0.25	Chicken Parmesan\$2.40 Meatloaf w/ Brown Gravy.....\$1.45 Scalloped Potatoes\$0.55 WW Penne Pasta.....\$0.55 Green Beans.....\$0.55 Brussels Sprouts.....\$0.55 Garlic Bread/Cornbread.....\$0.25	Spaghetti w/ Meat Sauce\$1.75 Oven Fried Pork Chop w/ Gravy.....\$2.35 Mashed Potatoes.....\$0.55 Broccoli Spears.....\$0.55 Garlic Bread\$0.25
DESSERTS Cookies (\$0.85), Ice Cream Bar Suspended for the season. Ice Cream Novelties (\$0.50)						
Apple Spice Cake.....\$1.10 Strawberry Cream Pie.....\$1.05	Coconut Layer Cake.....\$1.10 Apple Pie.....\$1.05	Chocolate Layer Cake.....\$1.10 Sweet Potato Pie.....\$1.05	Lemon Layer Cake.....\$1.10 Boston Cream Pie.....\$1.05	Carrot Layer Cake.....\$1.10 Lemon Meringue Pie.....\$1.05	Chocolate Layer Cake.....\$1.10 Pecan Pie.....\$1.05	Golden Cake w/ Chocolate Frosting..\$1.10 Coconut Cream Pie.....\$1.05

The menu & prices are subject to change without prior notice due to the availability of food items and IAW AR 40-3 Chapter 8

Follow the path to better health. Use the Go for Green system to guide your dining decisions. Green = Eat Often; Yellow = Eat Occasionally; Red = Eat Rarely.

Let us know how we are doing! Customer Comment Cards are located on the wall upon entering the dining room as well as on the NCD intranet site.