

Womack's Blue Ribbon Bistro Menu Week III

Sunday 1 July 2012	Monday 2 July 2012	Tuesday 3 July 2012	Wednesday 4 July 2012	Thursday 5 July 2012	Friday 6 July 2012	Saturday 7 July 2012
BREAKFAST Monday thru Friday: 0600-0900, Continental Breakfast (limited menu availability) 0900-1000 Weekends & Holidays: 0600-0800, Self Service Bar 0800-0900 (limited menu availability) 0800-0900 <i>Eggs, Omelets, Hash Browns, Pancakes, Sausage, Bacon, Biscuits, Toast, Bagels, English Muffins, Grits, Oatmeal, Fresh Fruits, Yogurt, and Assorted Cold Cereals offered daily</i>						
LUNCH Monday thru Friday: 1100-1400 (Short Order, Main line closes at 1330; Salad Bar, Specialty Bar, and Sandwich Bar Available until 1400) Weekends & Holidays: 1100-1300 (No Sandwich or Specialty Bars)						
	Zesty Pasta Salad (\$0.20/oz) Potato Soup \$1.75/12oz	Citrus Fruit Salad (\$0.20/oz) Chicken Corn Chowder \$1.75/12oz	Pistachio Parfait (\$0.20/oz) Chicken Tortilla Soup \$1.75/12oz	Sour Cream & Cheddar Macaroni Salad Chicken & Dumpling Soup \$1.75/12oz	Cole Slaw (\$0.20/oz) Lumberjack Soup \$1.75/12oz	
Roast Turkey.....\$1.80	Grilled Chicken Romano.....\$2.25	Baked Spaghetti.....\$1.50	Chicken Cordon Bleu.....\$3.00	Hamburger Yakisoba.....\$1.85	Baked Salmon Filet w/ Dill Sauce..\$4.55	Beef Stew.....\$2.45
Vegetable Lasagna.....\$2.50	Roast Beef w/ Gravy.....\$1.75	Chicken Fried Steak w/ Crm. Grvy...\$1.55	Meatloaf.....\$1.75	Oven Fried Chicken.....\$1.80	Liver & Onions.....\$1.40	Curry Chicken.....\$1.10
Cornbread Dressing.....\$0.55	Smoked Sausage w/ Red Beans.....\$1.45	Teriyaki Chicken.....\$2.00	Sausage w/ Sautéed Vegetables.....\$1.20	Sausage, Chkn. & Shrimp Gumbo...\$3.75	Roasted Cajun Pork Loin\$1.50	Steamed Rice.....\$0.55
Mashed Potatoes.....\$0.55	Steamed Rice.....\$0.55	Fried Rice.....\$0.55	Mashed Potatoes.....\$0.55	Mashed Potatoes.....\$0.55	Red Garlic Mashed Potatoes.....\$0.55	Carrots.....\$0.55
Broccoli.....\$0.55	Carrot Coins.....\$0.55	Mashed Potatoes.....\$0.55	Steamed Rice.....\$0.55	Steamed Rice.....\$0.55	Hearty Grains w/ Mushrooms.....\$1.05	Green Beans.....\$0.55
Malibu Blend Vegetables.....\$0.55	Mixed Vegetables.....\$0.55	Seasoned Greens.....\$0.55	Carrots.....\$0.55	Green Beans.....\$0.55	Spinach Sauté.....\$1.00	Egg Noodles.....\$0.55
Hot Roll.....\$0.25	Hot Roll.....\$0.25	Oriental Blend Vegetables.....\$0.55	Zucchini.....\$0.55	Fried Cabbage.....\$0.55	Cape Cod Blend Vegetables.....\$0.55	
Garlic Bread.....\$0.25	Cornbread.....\$0.25	Cornbread\$0.25	Cornbread.....\$0.25	Hot Roll.....\$0.25	Hot Roll.....\$0.25	
		Garlic Bread.....\$0.25	Hot Roll.....\$0.25	Cornbread.....\$0.25		
Specialty Items	Taste of the Orient Bar Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75	Pasta Bar (\$0.15/oz) Reuben Sandwich.....\$2.15 French Fried Potatoes \$0.75	Fiesta Bar (\$0.20/oz) Pizza.....\$1.50-\$2.65 French Fried Potatoes \$0.75	Starter Bar BBQ Pork w/Slaw.....\$1.85 Sweet Potato Fries....\$0.75	Potato Bar (\$0.15/oz) Onion Rings.....\$0.75 Pizza.....\$1.50-\$2.65	
DINNER Served Daily 1600-1800						
Braised Beef Cubes.....\$1.70	Jalapeno Crusted Catfish.....\$3.55	Chicken Vega.....\$2.00	Breaded Cod Filet.....\$1.70	Baked Ham.....\$1.00	Baked Chicken.....\$1.70	Baked Spaghetti.....\$1.50
Grilled Chicken Breast.....\$2.10	Lasagna.....\$1.90	Corned Beef.....\$1.85	Pepper Steak.....\$2.60	Swiss Steak w/ Brown Gravy.....\$2.20	Grilled Pork Chop.....\$2.15	Hot Italian Sausage Sandwich.....\$2.00
Buttered Noodles.....\$0.55	Rice Pilaf.....\$0.55	Parsley Potatoes.....\$0.55	Steamed Rice.....\$0.55	Mashed Potatoes.....\$0.55	Oven Brownd Potatoes.....\$0.55	Red Garlic Mashed Potatoes.....\$0.55
Vegetable Medley.....\$0.55	Green Beans.....\$0.55	Steamed Cabbage.....\$0.55	Noodles.....\$0.55	Vegetable Medley.....\$0.55	Tuscany Blend Vegetables.....\$0.55	Broccoli.....\$0.55
Seasoned Corn.....\$0.55	Mashed Potatoes.....\$0.55	Corn.....\$0.55	Spinach.....\$0.55	Cornbread.....\$0.25	Steamed Rice.....\$0.55	Garlic Bread.....\$0.25
	Brussels Sprouts.....\$0.55	Cornbread.....\$0.25	Yellow Squash.....\$0.55		Cornbread.....\$0.25	
	Garlic Bread/Cornbread.....\$0.25		Cornbread.....\$0.25			
DESSERTS Cookies (\$0.85), Ice Cream Bar (Suspended for the season), Ice Cream Novelties (\$0.50-\$0.90)						
Apple Spice Cake.....\$1.10	Coconut Layer Cake.....\$1.10	Chocolate Layer Cake.....\$1.10	Lemon Layer Cake.....\$1.10	Carrot Layer Cake.....\$1.10	Chocolate Layer Cake.....\$1.10	Golden Cake w/ Choc. Frosting..\$1.10
Blueberry Pie.....\$1.20	Apple Pie.....\$1.20	Sweet Potato Pie.....\$1.20	Boston Cream Pie.....\$1.20	Lemon Meringue Pie.....\$1.20	Pecan Pie.....\$1.20	Coconut Cream Pie.....\$1.20

The menu & prices are subject to change without prior notice due to the availability of food items and IAW AR 40-3 Chapter 8

Follow the path to better health. Use the Go for Green system to guide your dining decisions. Green = Eat Often; Yellow = Eat Occasionally; Red = Eat Rarely

Let us know how we are doing! Customer Comment Cards are located on the wall upon entering the dining room as well as on the NCD intranet site.