

PPG Women's Readiness PG's 96-97

i. Women's Readiness:

(1) Female Soldiers are required to have an annual Papanicolaou Test (PAP smear) unless they meet one of the following criteria:

(2) They are 30 years of age or older with no history of dysplasia in the past and they have had three consecutive normal PAP smears. These women are required to have PAP smears/cervical cytology every three years.

(3) The Soldier has had a hysterectomy with removal of the cervix for reasons other than cervical dysplasia or cancer. She is permanently exempt from the PAP smear. Those with a history of supracervical hysterectomy (cervix present) do not apply for permanent exemption.

(4) Female Soldiers age 25 years or younger are required to have annual Chlamydia testing.

(5) Women age 40 and over are required to have a mammogram a minimum of every 2 years. More frequent intervals may be indicated based on patient risk factors and clinical judgment. Female Soldiers deploying to CENTCOM AOR are required to have a mammogram within one year of deployment and a PAP smear within 6 months of deployment (within 9 months for those deploying for less than one year).

(6) Women's Health Readiness Categories are as follows (See [OTSG/MEDCOM Policy Memo 09-002](#) for guidance on timing of pre-deployment cytology screening):

(7) Women's Readiness Class 1:

- (a) Soldier has normal cervical cytology within one year or
- (b) Soldiers 30 years of age and over who have met the criteria in 7-3i(1), and has normal cytology within 3 years.
- (c) Soldier will be considered available and categorized as —Green|| in MEDPROS.

(8) Women's Readiness Class 2:

- (a) Soldiers 20 years old and younger who have a history of abnormal cervical cytology to include cervical cytology showing Atypical Squamous Cells of Undetermined Significance (ASC-US) with Human Papilloma Virus (HPV) typing negative or positive for oncogenic HPV or those with low-grade squamous intraepithelial lesion (LSIL) or cervical intraepithelial neoplasia 1 (CIN 1) or
- (b) Soldiers of any age with abnormal cervical cytology which has been fully evaluated and/or treated and has been cleared by a provider credentialed in women's health.
- (c) Soldier will be considered available and categorized as —Green|| in MEDPROS.

(9) Women's Readiness Class 3: Soldier's most recent cervical cytology is abnormal and requires further evaluation by a provider with credentials in women's health. The following cervical cytology results require further evaluation:

- (a) In women over 20 years of age this includes: ASC-US HPV Positive, LSIL, HSIL, and CIN, CIS, adenocarcinoma in situ (AIS), atypical glandular cells (AGC), or invasive cancer.
- (b) In women 20 years and younger this includes: HSIL, CIN 2, CIN 3, CIS, AIS AGC, or invasive cancer.
- (c) Soldier will be considered non-available and categorized as —Red|| in MEDPROS.

(10) Women's Readiness Class 4: Soldier whose cervical cytology is not current as defined in 7-3i(1). Soldier will be considered non-available and classified as —Red|| in MEDPROS.