

June 2013



Sun Mon Tue Wed Thur Fri Sat

						1.
						
2.	3.	4.	5.	6.	7.	8.
		Introduction to Pregnancy & Labor		Labor Interventions & C-section data		
9.	10.	11.	12.	13.	14	15.
		Hands on Relaxation & Lamaze		Newborn Care, Post Partum Care, & Breastfeeding Support		
16.	17.	18.	19.	20	21.	22.
	Introduction to Pregnancy & Labor	<u>Sibling class</u> 4-5 pm on the postpartum unit (3rd floor) Rm. 339		Labor Interventions & C-section data		
23.	24.	25.	26.	27.	28.	29/30.
		Hands on Relaxation & Lamaze		Newborn Care, Post Partum Care, & Breastfeeding Support		

Mrs. Tracy Stevens RN, CCCE

Maternal Child Educator & Senior Labor & Delivery Charge Nurse

There will be two series of four classes each month (Except possibly Nov & Dec)

You may now view on line at the WAMC Website.

<http://www.wamc.amedd.army.mil/Pages/default.aspx>

Childbirth Education Classes.

All Childbirth classes are from 6 pm to 8 pm, held in

Weaver Auditorium (ground floor of Womack)

WOMACK ARMY MEDICAL CENTER