

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) IDENTIFICATION LIST

WOMACK ARMY MEDICAL CENTER EFMP:

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EFMP is a mandatory enrollment program governed by AR 608-75 that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical and personnel services to families with special needs. EFMP benefits the Family by considering medical and special education needs during the military personnel assignment process. An Exceptional Family Member (EFM) is an active duty Family member (adult or child) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling.

Enrollment in the EFMP is MANDATORY if any of the following listed criteria are met. Commanders are required to enforce AR 608-75 and take appropriate action against soldiers who knowingly provide false information (Article 107, UCMJ) or fail/refuse to enroll an eligible Family member in EFMP(Article 92, UCMJ).

In general, an active duty Family member qualifies for EFMP if they:

- Have potentially life-threatening conditions and/or chronic medical/physical conditions that require outpatient follow-up support more than once a year with a medical provider beyond the level of a Family Medicine physician
- Have a mental health condition of greater than 6 months duration that has required inpatient or outpatient mental health follow up within the past five years. This includes medical care provided by a primary health care provider
- Have an educational or developmental disability that requires early intervention (i.e. have an IFSP, or Individualized Family Service Plan) or special education services (i.e. have an IEP, or Individualized Education Plan)

Common Diagnoses for Enrollment:

- ✓ **ADD/ADHD** (only for patients who are on an IEP, take more than one medication, take more than usual therapeutic medication dosages, have another co-existing mental health condition , require counseling by a mental health provider, or require medication management by a psychiatrist)
- ✓ **Allergies** (only if patient requires allergy shots or requires specialized follow up with allergist more than once a year)
- ✓ **Asthma/RAD** (requiring anti-inflammatory agents required > 4 months/year or bronchodilators > 10 days/month; emergency room visit for acute flare within the past 12 months; hospitalization for asthma within 5 years)
- ✓ **Autism/Pervasive Developmental Disorders** (all require medical enrollment; may also require educational enrollment)
- ✓ **Autoimmune/Neuromuscular Disorders** (such as Muscular Dystrophy, Lupus, Multiple Sclerosis, Rheumatoid Arthritis)
- ✓ **Cancer** (unless patient has completed treatments, is in remission > 5 years, and is requiring no further followup)
- ✓ **Cervical Dysplasia/Abnormal pap Smear** (if Gynecology follow up (vs. Family Medicine) is a requirement)
- ✓ **Cerebral Palsy or Loss of Mobility** (requiring use of wheelchair, walker, or other aide; requiring PT or OT)
- ✓ **Cleft Lip/Palate** (unless full repair is completed and patient is no longer receiving any services or followup)
- ✓ **Developmental Delay** (including those receiving early intervention services, speech therapy, PT, or OT)
- ✓ **Diabetes** (all Insulin Dependent DM; any Non-Insulin Dependent DM requiring frequent or specialist followup.)
- ✓ **Requirement for Equipment or Internal Medical Devices** (e.g., g-tube, oxygen, pacemaker, v-p shunt, tracheostomy, wheelchair, hearing aide, insulin pump. Need brand and model number for hearing aids, pacemakers, insulin pumps)
- ✓ **Requirement for environmental and/or architectural considerations** (e.g. climate restrictions, wheel chair accessibility)
- ✓ **Genetic Disorders/Congenital Anomalies** (e.g., Cystic Fibrosis, Trisomy 21, Hydrocephalus, Spina bifida)
- ✓ **Hearing Impairments/Deafness** (requiring hearing aids or special services.)
- ✓ **Heart Conditions** (congenital and acquired heart disease requiring cardiology consultation more than yearly)
- ✓ **Inflammatory Bowel Disease** (Crohn's, Ulcerative Colitis)
- ✓ **Immunodeficiency** (primary or secondary, including HIV/AIDS)
- ✓ **Mental Health Conditions** (Anxiety Disorder, Bipolar Disorder, Depression, Eating Disorder, Obsessive Compulsive Disorder, PTSD, Schizophrenia, etc. All with chronic conditions of greater than 6 months duration must be enrolled if treated with medication or counseling within the last 5 years.)
- ✓ **Premature or High Risk Infants** (requiring pediatrician or higher level care more than once a year)
- ✓ **Seizure Disorders/Epilepsy**
- ✓ **Sickle Cell Disease/Bleeding disorders** (such as Hemophilia, or requiring frequent or hematology f/u)
- ✓ **Substance Abuse** (Drugs/Alcohol)
- ✓ **Thyroid Problems** (e.g. Graves Disease or conditions requiring endocrinology follow up.)
- ✓ **Vision Problems/Blindness** (any conditions requiring ophthalmology more than annually)
- ✓ **Children receiving Special Education/Early Intervention** services via IFSP or IEP. Form DD 2792-1 must be completed by school/early intervention personnel
- ✓ **Any other medical, psychological or educational condition should be considered if specialist follow-up is required more than once a year.** (Specialty care includes Internal Medicine and Pediatrics)

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